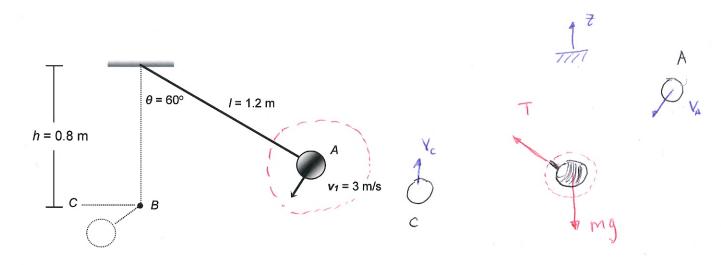
Example

A bowling ball is released from position A with an initial velocity of 3 m/s. The ball swings in a vertical plane. At the bottom position, the cord strikes the fixed bar at B, and continues to swing. Calculate the velocity of the ball as it passes position *C*.



Work-energy from A & C

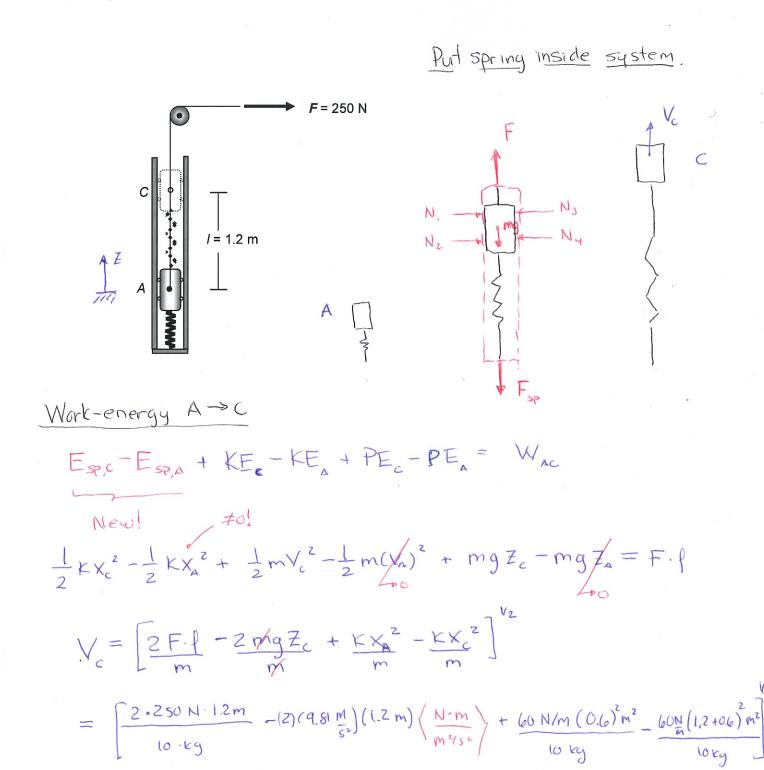
$$V_c = \left[2g(Z_A - Z_c) + V_A^2\right]^{1/2}$$
 Let ceiling be Z=0:

work. (only surface forces can do

$$= \left[(2)(9.81 \frac{\text{m}}{\text{s}^2}) \left(-1.2 \, \text{m} \right) \cos 60^\circ - (-0.8 \, \text{m}) \right) + 3^2 \, \text{m}^2/\text{s}^2 \right] \, V_2$$

Example

A 10-kg slider is originally at rest in position A where the spring is stretched a distance of 0.6 m. (The attached spring has a stiffness [i.e., k] of 60 N/m.) A constant 250-N force is then applied to the pulley and the slider moves with negligible friction in the cylinder as shown. Calculate the velocity of the slider as it passes point C.



= 4.38 m/s