Proof of upper bound of AVL tree height

We can show that an AVL tree with n nodes has O(log n) height. Consider figure 19.22 from our book:



In order to construct an AVL tree of height h with a minimum number of nodes, one child out to have a height h - 1 and the other child one ought to have a height h - 2.

Let N_h represent the minimum number of nodes that can form an AVL tree of height h. If we know N_{h-1} and N_{h-2} , we can determine N_h . By creating a tree with a root whose left sub-tree has N_{h-1} nodes and whose right sub-tree has N_{h-2} nodes, we have constructed the AVL tree of height h with the least nodes possible.

This AVL tree has a total of $N_{h-1} + N_{h-2} + 1$ nodes. Using this formula, we can then reduce as such:

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\begin{split} N_h &= N_{h-1} + N_{h-2} + 1 \\ N_{h-1} &= N_{h-2} + N_{h-3} + 1 \\ N_h &= (N_{h-2} + N_{h-3} + 1) + N_{h-2} + 1 \\ N_h &> 2N_{h-2} \\ N_{h-2} &> 2N_{h-4} \\ N_h &> 2^*2N_{h-4} \\ N_h &> 2^*2^*2N_{h-6} \\ \cdots \\ N_h &> 2^{h/2} \\ log(N_h) &> log(2^{h/2}) \\ log(N_h) &> h/2 \\ 2 \ log(N_h) &> h \end{split}
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