

Tips for Parents for Academic Success

Week 1

Fall quarter dates: 9/1/22-9/7/22

- Classes begin Thursday, September 1
- Final date for students to add a class is Wed., Sept. 7

Winter quarter dates: 11/28/22-12/4/22

- Classes begin Monday, November 28
- Final date to add a class is Friday, December 2

Spring quarter dates: 3/6/23-3/12/23

- Classes begin Monday, March 6
- Final date to add a class is Friday, March 10

How you can support your student during week 1:

Encourage students to check Schedule Look-up right before classes begin as things can change up to the last minute. Students have access to a customized Where's my Class Map that can be helpful for interpreting schedules and navigating the academic buildings. If you're student is unsure where to find this tool, point them to their academic advisor course on Moodle.

Week 2

Fall quarter dates: 9/8/22-9/14/22

Winter quarter dates: 12/5/22-12/11/22

Spring quarter dates: 3/13/23-3/19/23

How you can support your student during week 2:

Encourage student to use their course syllabi to create a quarter calendar to track due dates for homework, quizzes, exams, papers, projects, presentations, etc. Many assignments and deadlines will follow a pattern, but not all, and setting up a calendar early on can help ensure nothing is forgotten.

Week 3

Fall quarter dates: 9/15/22-9/21/22

Winter quarter dates: 12/12/22-12/18/22

Spring quarter dates: 3/20/23-3/26/23

How you can support your student during week 3:

Many students will experience their first round of exams this week. Encourage students to leverage the Learning Center located in the Logan Library where they can work with peer tutors and access practice exams. Tutors can be scheduled ahead of time, which helps ensure a tutor is available to assist with a specific course.

Week 4

Fall quarter dates: 9/22/22-9/28/22

Winter quarter dates: 1/4/23-1/8/23

Spring quarter dates: 3/27/23-4/2/23

How you can support your student during week 4:

Students will likely start getting their first exams back and may be surprised by their grade. Remind them that their performance on one exam does not define them or determine future performance. Encourage students to visit professors during office hours for additional help. During "office hours" professors are available for unscheduled visits. You can also encourage students to check out the Successflix videos on Moodle for some pointers on how to study and prepare for their next exams.

Week 5

Fall quarter dates: 9/29/22-10/5/22

- Fall career fair is Wednesday, October 5

Winter quarter dates: 1/9/23-1/15/23

Spring quarter dates: 4/3/23-4/9/23

How you can support your student during week 5:

- Academic advising appointments begin next week. Encourage your student to check their email and/or their academic advisor Moodle course to learn how to schedule an appointment.

Week 6

- Midterm grades available
- Fall and winter term academic advising appointments begin. (Advising meetings during spring quarter occur in week 7.)

Fall quarter dates: 10/6/22-10/12/22

Winter quarter dates: 1/16/23-1/22/23

Spring quarter dates: 4/17/23-4/23/23

- Spring career fair is Wednesday, April 19

How you can support your student during week 6:

Students may be disappointed as they start to receive their midterm grades. Help students acknowledge the courses that they are doing well in and see if they can identify why they are going well. Encourage your student to think about ways to transfer those success strategies to their other courses. You can also point students toward SUCCESSFLIX videos on Moodle that can help them learn additional strategies for success.

Week 7

Fall quarter dates: 10/17/22-10/23/22

- Registration begins
 - o Monday, October 17 for students with senior class standing
 - o Tuesday, October 18 for juniors
 - o Wednesday, October 19 for sophomores
 - o Thursday, October 20 for freshmen

Winter quarter dates: 1/23/23-1/29/23

- Registration begins
 - o Monday, January 23 for students with senior class standing
 - o Tuesday, January 24 for juniors
 - o Wednesday, January 25 for sophomores
 - o Thursday, January 26 for freshmen
- Winter career fair is Wednesday, January 25

Spring quarter dates: 4/24/23-4/30/23

How you can support your student during week 7:

Students have endured a lot this quarter and may be feeling overwhelmed, frustrated, and/or burned out. Encourage your student to create a visual representation of their future goals, which will help remind them of why they are working so hard. Another thing to consider is a visit to the Student Counseling Center. These visits can help students process thoughts and feelings as well as develop coping strategies.

Week 8

Fall quarter dates: 10/24/22-10/30/22

- Final date to drop a course without penalty is Friday, October 28

Winter quarter dates: 1/30/23-2/5/23

- Final date to drop a course without penalty is Friday, February 3

Spring quarter dates: 5/1/23-5/7/23

- Registration for fall term, May 1- May 5
- Final date to drop a course without penalty is Friday, May 5

How you can support your student during week 8:

At this point, students may be lacking motivation to finish the quarter strong. One way to motivate them is encouraging them to change up their learning environment and try studying in a different space. Other ideas to stay motivated include creating a study group; pairing something pleasant (like a coffee or snacks) with unpleasant tasks; and creating a reward system for meeting goals.

Week 9

Fall quarter dates: 10/31/22-11/6/22

Winter quarter dates: 2/13/23-2/19/23

Spring quarter dates: 5/8/23-5/14/23

How you can support your student during week 9:

At this point in the quarter, many students are trying to catch up in their classes, so remind them of the importance of taking care of themselves. Sleeping is crucial to the learning process, and eating regular meals is critical for the brain to have the fuel it needs to function. If your student needs additional strategies, encourage them to read the e-book *Self-Care for College Students*, available through the Logan Library.

Week 10

Fall quarter dates: 11/7/22-11/13/22

Winter quarter dates: 2/13/23-2/19/23

Spring quarter dates: 5/15/23-5/21/23

How you can support your student during week 10:

Only one week left until final exams, so students should begin preparing now. Encourage them to attend the final exam review sessions hosted by the Learning Center. In addition, encourage them to make a study schedule, ensuring that they get plenty of sleep.