





### **In-Class**

*Exercise 1* (3 min.): As part of a small group, consider the following goals. Determine if they are unambiguous and measurable.

Goal:

- A child should not be able to open the pill bottle.
- To really understand calculus.
- To determine the heaviest of five bowling balls.
- To run faster.
- To eat three McDonalds Quarter pound hamburgers in three minutes.
- To run a Marathon

*Exercise 2* (3 min.): As part of a small group, rewrite two of the ambiguous goals from Exercise 1 to make them unambiguous and measurable.

*Exercise 3* (4min): As part of a small group, determine how you would set up a competition to determine who in the class is the fastest writer.

*Exercise 4* (6 min): As part of a small group, select one of the numbered goals in the following example, state if it is unambiguous and measurable, and, if not, write down suggested modifications. Note that this is not about values. It doesn't matter if you think this is a good or bad goal. Only concern yourself with ambiguity and measurability.

## PGoals and Assessment Feedback Form

Name \_\_\_\_\_

1. At the outset of this unit, place a "B" in each category of the chart to indicate your self assessment of your initial, or baseline skill level.
2. At the end of the unit place an "A" in each category of the chart to indicate your self assessment of your skill level after practicing the skill. Be prepared to provide documentation for your assessment.

<b>Novices (less successful)</b>	<b>Beginner</b> (Need lots more practice) <b>(1-2)</b>	<b>Good Start</b> (some progress, but could do better) <b>(3-4)</b>	<b>Getting There</b> <b>(5-6)</b>	<b>Almost There</b> (just a little more practice) <b>(7-8)</b>	<b>Expert</b> <b>(9-10)</b>	<b>Experts (more successful)</b>
Goals are stated as actions						Goals are stated in terms of results
Goals are not measurable						Goals are observable and measurable
Goals are vague and subject to interpretation						Goals are clear and unambiguous

### Reflection

(after completion of the unit)

What did I learn from this?

Which of the skills do I do pretty well? (List Evidence)

Which skills could use some work? (List Evidence)